



# Dialogues on Disability



**Personal Assistance, Ramona Hahn**

# Content



- Aktiv und selbstbestimmt e.V.
- Peer Counseling
- Political Conditions in Germany
- Personal Budget
- Personal Assistance

# The Association



## board

*Friederike Matz* (right)  
Degreed computer scientist  
Spinal muscular atrophy  
24-hours assistance

## EUTB consultants

*Jenny Biessmann* (left)  
Social scientist  
Spinal muscular atrophy typ 2  
24-hours assistance  
since 8 years

*Hanna Kindlein* (middle)  
Degreed educationist  
AMC (inborn ankylosis)  
24-hours assistance  
since 9 years

## aktiv und selbstbestimmt e.V.

english: activ and self-determined  
registered association

# What we are doing



- Club foundation 2016
- Our work and self-concept are based on the principles of the **Selbstbestimmt Leben Bewegung**.
- Since january 2018 we offer our counsulting in the range of the **EUTB** like it is defined in the **BTHG**.

# EUTB - Peer Counseling



**Ergänzende *unabhängige* Teilhabeberatung EUTB**

*Additional independent participatory consulting*

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„**Peer-Counseling**“ (persons concerned give advice to each other) is appropriate to convey experiences, to motivate and to support the decision finding of the beneficiary.

Peer-Counseling should be provided additional to professional consulting and linked reasonable to it.

# What means Peer Counseling?



- Disabled people are supported by disabled consultants to find *own* solutions to their problems.
- Different consulting methods und the specific access to problems and challenges of persons similar-concerned together are building the Peer Counseling.

# Peer Counseling vs. Peer Support



## Peer Counseling:

Plain structure method and  
professional code of conduct

## Peer Support

Co-operative support of persons with disabilities

# Political Conditions in Germany



- Which laws have people with disabilities?
  - Convention on the Rights of Persons with Disabilities (CRPD)
  - Basic Law for the Federal Republic of Germany (Grundgesetz (GG))
  - Disability Discrimination Act (Bundesgleichstellungsgesetz (BGG))
  - Nationwide Participatory Law (Bundesteilhabegesetz (BTHG))

# Convention on the Rights of Persons with Disabilities (CRPD)



- Ratification in 2009
- Important topics in Germany:
  - Definition of disability
  - Prevention of discrimination
  - Accessibility
  - Right to inclusive education
  - Work and employment
  - Right to vote
- (Germany is rather regressive in this areas.)



# Disability Discrimination Act



## Federal Equality Law implemented in 2002

- Should reduce or prevent discrimination against people with disabilities
- and to ensure the equal participation of persons with disabilities in their life in society
- and to enable them to live **independently.**



- The law applies primarily to public authorities at federal level.

# Nationwide Participatory Law



- Changing disability law is intended to provide people with disabilities more participation and individual self-determination.
- Implemented in 2017
- Next step 01.01.2018
- full implementation is to be completed by 2023
- change of perspective:
  - from exclusion to inclusion
  - from the establishment to the person centering
  - from outside control to self-determination
  - from care to assistance
  - from funder to service provider
  - from deficit orientation to resource orientation

# Nationwide Participatory Law



- *Prevention*: Disability should be countered as early as possible.

- A *single* rehab application for all needs.
- Independent advisory services (EUTB).
- *More* income.
- Benefits *independence* of housing forms.
- *Pooling* of services.

➔ **Personal Budget**

# Personal Budget



- The Personal Budget is a symplified administrative procedure that gives persons with disability and persons threatened by disability the right to pooled (ie. cash) benefits.

„People are disabled if their physical function, mental ability, or mental health is likely to be more than six months away from the typical state of age, and therefore their **participation in society is impaired.**“ §2 (1) SGB IX (Social Code Book)

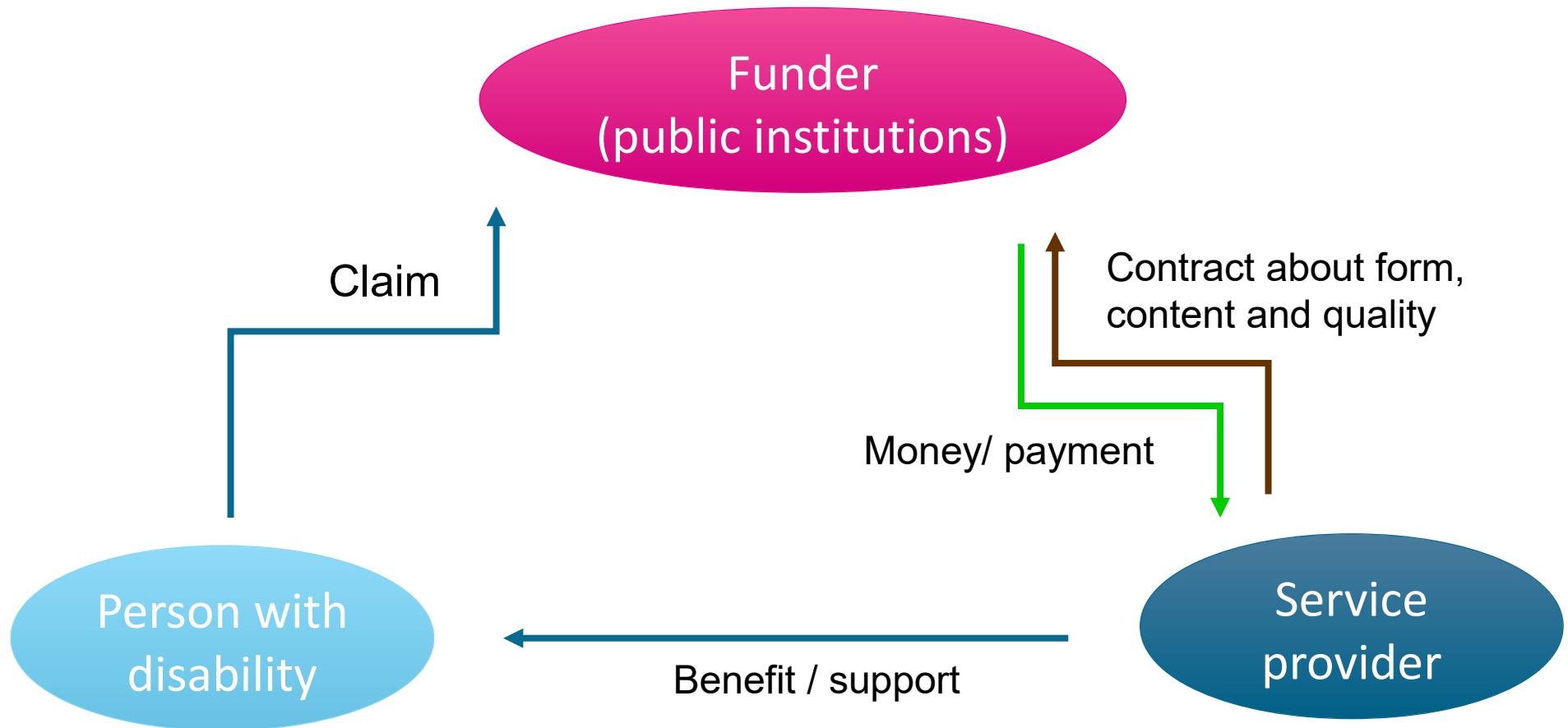
- This applies regardless of the age, nature, severity and cause of the disability. Thus, also eligible are children, adolescents or senior citizens.

# Personal Budget

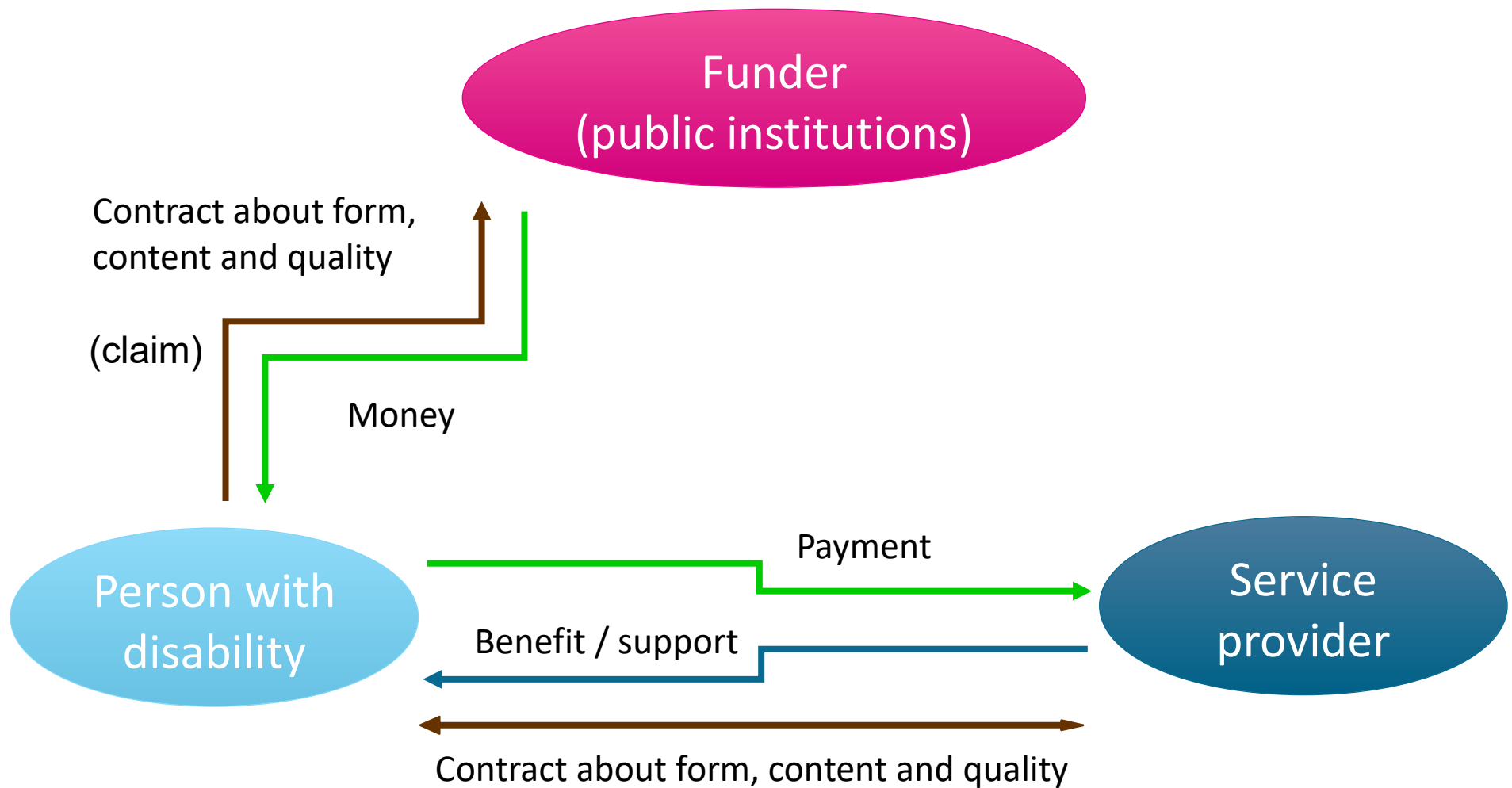


- With a personal budget you are more independent.
- You can do a lot more things yourself.
- You can choose when to get your support.
- You can determine who supports you, ie which person helps you (Personal Assistance).

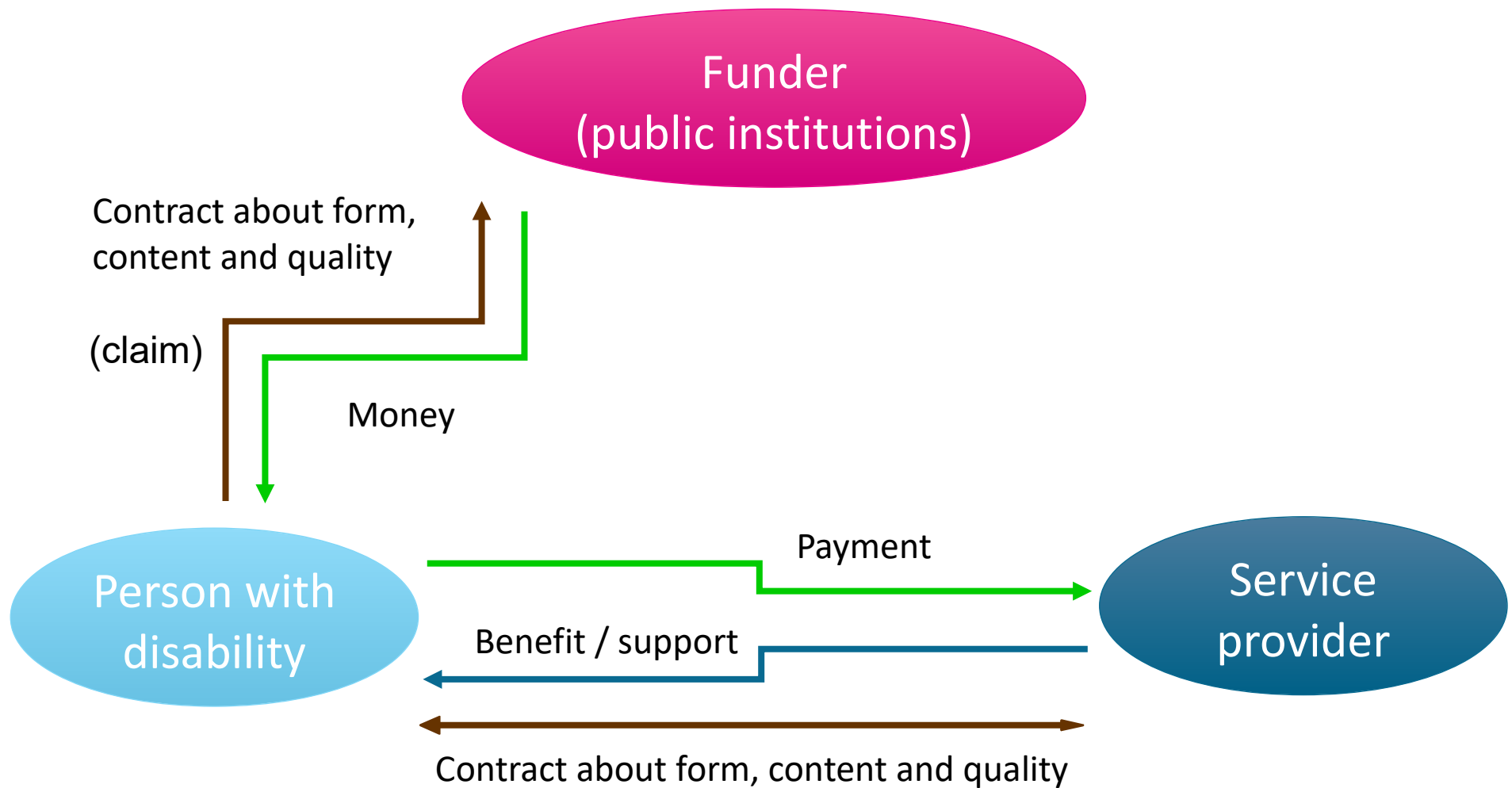
# Traditional Model to get Personal Assistance



# Personal Budget Model



# Personal Budget Model



# Possibilities with Personal Assistance



I can make my life self-determined and flexible, including the following things:

- leisure
- household
- Study / school
- job
- to travel
- pets etc.

With the traditional model one is limited in independence, self-determination and flexibility.

# Possibilities with Personal Assistance





**Thank for your attention!**

**Any questions ?**

# Possibilities with Personal Assistance



# Possibilities with Personal Assistance

